**What is My Care Connection?**

*My Care Connection* is a simple, online tool that connects you and your family to your health information in a meaningful way. *My Care Connection* can be used by patients or by family members who oversee the care of their loved ones. *My Care Connection* keeps you informed so that you can stay healthy.

**How to register:**

To register, you will first need to provide your email address to your physician or care team. You will then be sent a one-time enrollment email from *My Care Connection* <noreply@iqhealth.com>. Follow the instructions within the email to activate your *My Care Connection* account. After you’re connected, login and bookmark the site. You will be able to access *My Care Connection* through your physician’s website or by visiting [https://mhinphr.iqhealth.com](https://mhinphr.iqhealth.com) to continue securely interacting with your physician.

**Once you register you will be able to:**

- Make appointment requests
- Submit medication refills
- Communicate general questions with your care team
- Gain immediate access to your health information including test results, visit summaries, patient education, and much more!

**Questions?**

If you have any questions about your *My Care Connection* account please contact 1-877-621-8014. Support is available 24 hours a day, 7 days a week.

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*My Care Connection is completely secure and HIPAA compliant. Your security is important to us and our technology encrypts, safeguards, and protects your health information.*